

# Run for Rights Waiver Form

WAIVER: I know that participating in either a race, fun run or walk is a potentially hazardous activity. I should not enter and participate unless I am medically able and properly trained. I realize that the events are physically strenuous, that there may be adverse weather conditions and that there may be vehicles present at intersections. I nevertheless wish to participate and assume any and all risk associated with this event, including (but not limited to) falls, contact with other participants, the effect of weather including high heat/and or humidity, the conditions of roads and the presence of traffic, all such risks I acknowledge and understand. Knowing these facts in consideration of your accepting my entry. I hereby for myself or for anyone else who may claim on my behalf, agree not to sue, and waive, release and discharge all persons participating in the operation of this event including without limitation Aksyon Ng Ating Kabataan (ANAK) Inc., City of Winnipeg, Province of Manitoba and any and all organizers, sponsors and participating organizations, their personnel, whether volunteer or otherwise, and anyone acting on their behalf (the Releasees) for any and all claims, demands, causes of action, damages or injuries, whether caused by the negligence of the Releasees, or by any other cause, which may arise as a result of, or out of my participation in this event. I also indemnify and hold harmless the Releasees from any liability by them and caused by myself. I attest that I am physically fit and sufficiently trained for these events. I hereby grant permission for the use of my likeness participating in this event without obligation or compensation to me. As part of the Waiver and Release, I acknowledge that I have read and understood all of the above.

(18 or over) Signature

(Under 18) Signature of parent/guardian

Date

# Route Map



# WALK CYCLE RUN WHEEL OR BLADE

the 5 or 10 km route along  
the Red River on Scotia Street  
(Kildonan Park to St. John's Park and back)

## Run for Rights participating organizations:

- Accountable Development Works
- Aksyon Ng Ating Kabataan (ANAK) Inc.
- Amnesty International
- Camp Aurora
- Canada-Palestine Support Network
- Community Unemployed Help Centre
- Eritrean-Canadian Human Rights Group of Manitoba
- Fazhan International Program
- K.I.D.S. (Kenya Initiative for Development & Sustainability Inc.)
- LITE (Local Investment Toward Employment)
- Manitoba Association for Rights and Liberties
- Manitoba Interfaith Immigration Council Inc. (Welcome Place)
- Solidarity Committee for Ethiopian Political Prisoners
- Winnipeg Anarchist Black Cross
- Winnipeg Copwatch
- Winnipeg Haiti Solidarity Group
- Youth Peacebuilding Project



Email: info@anak.ca  
Website: www.anak.ca  
Phone: (204) 293-4100

WWW.RUNFORRIGHTS.ORG

The 10th Annual

# RUN FOR RIGHTS

Raise money in  
support of Winnipeg  
organizations  
working for  
**social justice**  
and **human**  
**rights**



IN SUPPORT OF

**Aksyon Ng Ating  
Kabataan (ANAK) Inc.**

**Saturday, June 4<sup>th</sup> 2011**

Kildonan Park Registration 8:30 - 9:00 AM  
Start time 9:30 AM

# Sponsor and Pledge Sheet

Aksyon Ng Ating Kabataan (ANAK) Inc.

ANAK has come together to help bridge the cultural, familial, and social gaps found both in and outside of the Filipino community. Funds raised will be used to create a greater awareness of migrant rights and concerns. Make cheques payable to "Aksyon Ng Ating Kabataan".

FULL NAME & EMAIL ADDRESS (if available)	STREET ADDRESS	POSTAL CODE	PHONE	AMOUNT PLEDGED	PLEDGE PAID?
<b>TOTALS</b>					

Participants who raise \$150 or more receive a free Run for Rights t-shirt. Please contact your organization for additional pledge forms.

The Run for Rights would like to thank our sponsors:



# Registration

Please complete this registration form and sign the waiver (on reverse).

Participants in the Run for Rights can collect pledges **or** make a donation to support their chosen organization.

Collect your pledges using the form at left. If you need additional pledge forms please contact your organization (listed on the back of this brochure). All pledges will be collected the day of the race.

To make a donation instead, please download our donation form from [runforrights.org](http://runforrights.org).

**Registration:** Saturday June 4th from 8:30 to 9:00 a.m. at Kildonan Park. Please bring this registration form, your pledge form, signed waiver, and your pledge money or donation.

**Please bring your own water bottle.** Water refills will be provided along the route.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone number: \_\_\_\_\_

Email: \_\_\_\_\_

Emergency contact #: \_\_\_\_\_



This run is sanctioned by Athletics Manitoba.